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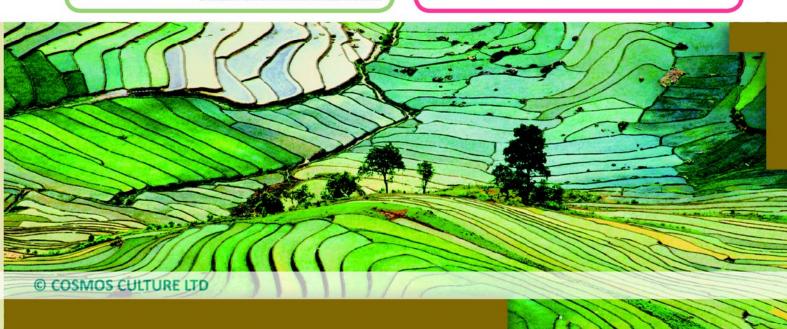
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How to use this book:

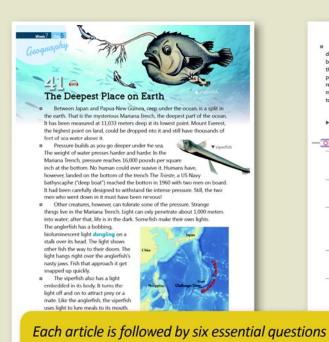


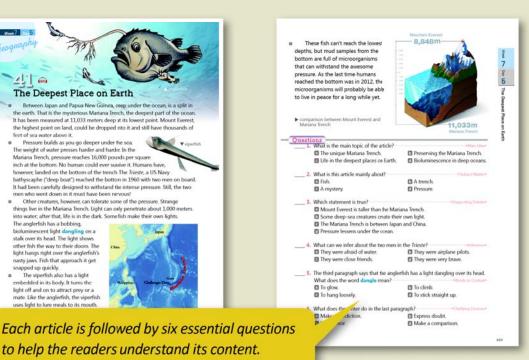


In our reading plan, the 60 articles are divided into 10 weeks. The readers should read 6 articles each week. By following the plan, the readers will make steady progress in mastering their English reading skills.



The articles cover various kinds of topics: History, Psychology, Business, People, Arts & Literature, and more. The readers will not only learn English but explore their world.







Numerous pictures that provide additional information related to the articles will enhance the readers' pleasure in reading.



People

▶ the album 25 by







Adele Adkins was born in North London, England, in 1988. Her mother, Penny Adkins, was 18 years old at the time of her birth. There were some hard times for both of them during the early years. Adele's father left when Adele

was just four years old. He would keep in contact with her over the years, but it was often a troubled relationship. Adele eventually broke all contact with him when she was a teenager.

- School was a problem for Adele early on. She often felt bored and uninspired in class. Fortunately, things turned around when she was accepted into the BRIT School for Performing Arts & Technology. This was the same school that Amy Winehouse attended. The school allowed Adele to develop her love of music and skills in playing multiple instruments, including the flute, saxophone, and guitar.
- Adele's big break came when she was still at the BRIT School. She posted a short demo album on her MySpace page. Some studio executives listened to it, and then decided to sign her to a contract.
- Adele's rise to fame since then has been incredible. She has recorded three albums: 19, 21, and 25. All of them are named after her age at the time of production. These albums contain memorable songs like "Rolling in the Deep"

and "Someone Like You." They have sold over 40 million copies worldwide. Adele has also received countless awards. She swept the top categories of the Grammy Awards in 2012 and 2017—a first in Grammy history.

Perhaps more important than Adele's commercial success is the way she did it. Adele is unlike other pop stars, who tend to be managed and controlled by their labels. She is driven, independent, and

■ Adele attended the 59th Grammy's Award in 2017.



immensely talented. She also feels comfortable in her own skin. Some have even described her as a "force of nature." It's hard to imagine a better female role model for her millions of fans worldwide.

► Adele's *Skyfall* won the Academy Award for Best Original Song in 2013.



Questions

1.	a Adele broke recordb Adele is a special k	ds at the Grammy Av kind of talent. e BRIT School for Pe	nt? wards. rforming Arts & Techno	
2.	What does this passage a An album.	ge describe? • A song.	A musician.	Subject Matter*d A voice.
3.	Which of the following She didn't like scho She recorded the second she was born in So She was born in So She has won sever	ool as a child. song "Someone Like cotland.	Adele is NOT true? S	upporting Details•
4.	What can we infer from Adele's momental set of Adele didn't like to Adele didn't have add Adele was very reliable.	some struggles with sing when she was many friends in her	young.	•Inference•
5.	What does force of not a Someone who was b Someone with a store of Someone who does d Someone who like	s born rich. crong personality. esn't like the country	inal paragraph?	Words in Context+
6.	What does the author the reader's attention Shares a personal and Makes a strong are	experience.	graph to capture b Presents interesting Describes severals	g statistics.

012

The Great Wall of the Ocean

Skirting the coast of northeast Australia is the only living thing that can be seen from space. The Great Barrier Reef runs alongside Queensland for 2,600 kilometers, providing food and shelter for a huge variety of plants and animals, many of which are endangered. Only tropical rain forests house as many species as the Reef does.

The Great Barrier Reef is the longest coral reef in the world, but it isn't all one mass. It's made up of 2,900 or more separate reef systems, which combine to make one long, interconnected whole. Four hundred species of hard and soft coral make up the body of the Reef. Bright, living coral grows on top of the skeletons of the old. The current Reef is estimated to be about 20,000 years old. When the Reef began growing, sea levels were much lower. As sea levels rose, new coral climbed higher, but coral underneath died. Coral needs sunlight to live, and light can only penetrate water to a certain depth.

Among all this coral are plants, snails, whales, sharks, jellyfish, and other sea creatures. Six endangered species of sea turtle live in the Reef, laying their eggs on nearby sandy shores. Humpback whales migrate there every winter, and since whaling ended in 2008, their numbers are increasing. The dugong, or sea cow, lives there, grazing on fields of sea grass. These mammals are in danger of extinction, and are one of the many protected animals who make the Reef their home.



Despite its huge size, the Reef isn't **invulnerable**. Rising ocean temperatures are dangerous to coral and some fish. Pollution from farms reduces the water quality and promotes the growth of algae, which blocks the light. Shipping accidents have done major damage. Predators cause trouble.

The crown-of-thorns starfish eats coral. Its recent population boom put the entire Reef at risk.

Constantly growing, constantly dying, this great wall relies on a complex ecological balance. We should guard it carefully.



▲ The Great Barrier Reef supports a diversity of life.

Questions

1.	What is the main topic of the article? Endangered species that live in the The best time to visit the Great Bar What the Great Barrier Reef is. How the Great Barrier Reef grew.	Great Barrier Reef.	···········•Main Idea◆
2.	What is this article mainly about? An ecosystem. A sea mamn		
3.	Which of the following statements is Na Humpback whales spend time at the The Great Barrier Reef lies off the Company of the Company of the Great Barrier Reef is 2,800 kilos	ne Great Barrier Reef. oast of Australia the Great Barrier Reef	
4.	What can we infer about Queensland a It's in the Great Barrier Reef. c It's part of Australia.	from the article? b It's an endang d It's part of a r	gered species.
5.	In the fourth paragraph, the author sa What does invulnerable mean? a Impossible to harm or damage. c Vast or infinite.		·······•Words in Context• r threatening.
6.	How does the author end the article? a With a joke. C With an interesting statistic.	b With a warnir d With words o	•



▲ salty

The Slurp Heard Around the World

Ramen connects us. A food that instantly evokes Japan actually came from China. It was then revolutionized by a man from Taiwan, and is a staple of American college students.

Ramen is the name of both a type of noodle and a dish. Ramen noodles are thin and squiggly. They're made of wheat flour and a particular kind of

alkaline mineral water. The properties of this water add to the flavor and the elastic texture of the noodles. Ramen is usually hand pulled, so it has to stretch.

These noodles go into a dish that has local variations all over Japan. Almost all ramen variations start with a chicken or pork broth. The four basic types of ramen are defined by their broth. Salty (shio) ramen has a clear, yellowish broth that may include seaweed and fish. Pork bone (tonkotsu) ramen has a white broth with a lot of fat, making it creamy. Soy sauce (shōyu) ramen broth is based on soy sauce. Miso ramen uses

To these bases chefs add different ingredients to make a meal in a bowl. Common ramen ingredients are eggs, seaweed, seafood, garlic, ginger, and even corn. Regions, restaurants, and chefs are very proud of their particular ramen and guard their recipes jealously.

miso and oily chicken or fish broth, giving it a rich flavor.

Ramen as we know it was born in the 1900s. Back 6 then, it was served in Chinese restaurants and was still called shina soba (Chinese noodles). These restaurants and ramen—exploded during the 1950s. Then in 1958, the

▲ soy souce

0000

▲ miso



▲ pork bone © COSMOS CULTURE LTD

Taiwanese-Japanese inventor Momofuko Ando invented instant ramen. Packaged in brightly colored plastic packets, cheap but tasty ramen became part of the diets of college students and anyone on the run.

Ramen is such an important part of Japanese culture that there's now a ramen museum in Yokohama. Embracing a new idea and making it your own—isn't this the essence of our world?

Week 7 Day 6 The Slurp Heard Arou

▶ instant ramen

Questions

 1.	What is the main topic of the article? How to cook ramen. How instant ramen is packaged.	 b The most authentic ramen. d Ramen's influence around the wo 	
 2.	What is this article mainly about? A region. A series of steps.	Subject MattAn individual.A food.	ter•
 3.	Which statement is NOT true? a Ramen comes from Chinese culture. b Instant ramen was invented in 1900. c There are four basic types of ramen. d Different regions have different rame		ils•
 4.	Where, can it be inferred, is Yokohama? a China. b Japan.	The United States.	
 5.	What does the word broth in the third The water or liquid in a soup. A way of cooking in water.		ext•
 6.	Which of the following was an effect of Ramen became more elastic. B Ramen declined in popularity.	instant ramen? • Cause and Effe	ect•

© COSMOS CULTURE LTD

People began seeing ramen as an unhealthy food.

d Ramen became popular internationally.

Delicious Japanese Dishes ▼ sashimi ■ grilled chicken on skewers ▼ sukiyaki ▼ curry rice ▼ rolled omelet ▼ taiyaki ▼ pork cutlet ▼ chicken donburi ▶ wagashi © COSMOS CULTURE LTD

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The House of Heroes

What do Spider-Man, the X-Men, the Hulk, and Iron Man have in common? They're all creations of

Marvel Comics! Whether you know them from comic books, movie screens, or both, Marvel's superheroes are among the world's most popular characters. But where did they come from?

- Publications in 1939. The first issue featured the Human Torch and other superheroes. It is now one of the world's most valuable comics, with a copy having sold for US\$350,000 in 2003! It was also a hit in its own day, as was the company's next offering, *Captain America*, in 1941. The end of World War II, however, also brought an end to comics' **golden age**. Timely, now called Atlas, struggled along for the next 15 years without great success.
- In 1961, the company again changed its name, this time to Marvel Comics, and quickly turned its fortunes around. Over the next three years, Marvel introduced the Fantastic Four, the Hulk, Spider-Man, Thor, Iron Man, Dr. Strange, the X-Men, and Daredevil. Even Captain America came back after more than a decade to meet a whole new generation of fans!
- Marvel's success owed much to the humanity of its heroes. Spider-Man was really Peter Parker, a teenage nerd who acquired super powers from a spider bite. The X-Men were mutants, born with abilities that could save the world but made them outcasts. And Daredevil was a superhero with a difference—he was blind! Thanks to these and other successful titles, Marvel soon became one of the world's best-selling comic book companies. It still competes for that title with the industry's other giant, DC Comics, the home of Superman, Batman, and Wonder Woman.



▲ Marvel is one of the world's bestselling comic book companies.

HOR

In recent years, Marvel has found a new world to conquer. Its characters are now as successful on the screen as they ever were on paper. If the *Spider-Man, X-Men*, and *Iron Man* film series are any indication, the house of heroes will be around for a long time.



▲ Marvel characters are even more successful on the screen.

Ouestions

1.	What is the writer trying to tell us in this passage? • Main Idea • • Main Idea		
2.	What does this passage mainly deal with? A successful company and its products. Famous superheroes and their abilities. The history of comic books. Popular superhero movies you can watch.		
3.	Which of the following is NOT a Marvel C The Hulk. Daredevil.	omics character? Dr. Strange.	Supporting Details Superman.
4.	4. What can we infer about the Marvel Comics company from this passag		To Company
	 a It went out of business after World War II. b Many of its famous characters were created in the early 1960s. c It no longer publishes comic books but only makes movies. d Its most successful character is Captain America. 		
5.	What is a golden age ? A period of time during which people wear a lot of gold. A period of great creative and commercial success. The years before and during World War II. The years between the end of World War II and 1961.		
6.	How does the writer of this passage probable He thinks they're stupid. C He thinks they're interesting.	b He thinks the	comic books? •Author's Tor ey're too expensive. ey're old-fashioned.