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Article Type / Subject	Issue	Core Competency
passage + bullet points / inspiration for teens	life	self-advancement
website / life	reading literacy	information and technology literacy
news clip / sport	outdoor education	physical and mental wellness
passage + bullet points / health & body	career planning	physical and mental wellness
poem / relationship	family education	interpersonal relationship
poster / school life	technology	planning and execution
passage + bullet points / relationship	morality	interpersonal relationship
conversation / weather & climate	environment	logical thinking
passage / famous or interesting people	information	information and technology literacy
magazine article / science	reading literacy	problem solving
diary / interests and hobbies	reading literacy	self-advancement
notice / safety	security	physical and mental wellness
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email / life	reading literacy	problem solving
passage / language & communication	multiculturalism	cultural understanding

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Article Type / Subject	Issue	Core Competency
passage / animals	life	logical thinking
card / relationship	family education	interpersonal relationship
passage / science	reading literacy	logical thinking
passage / inspiration for teens	career planning	self-advancement
news clip / environment	environment	citizenship

Article Type / Subject	Issue	Core Competency
poster / health & body	life	citizenship
passage / culture	multiculturalism	cultural understanding
passage / history	international education	semiotics
website / travel	outdoor education	global understanding
passage / animals	global ocean	logical thinking
passage / gender equality	gender equality	expression
poster / school life	reading literacy	self-advancement
passage / health & body	life	problem solving
passage + bullet points / health & body	reading literacy	physical and mental wellness
passage / career	career planning	planning and execution

Article Type / Subject	Issue	Core Competency
map / environment	energy	innovation and adaptation
line chart / animals	reading literacy	moral praxis
bar chart / society	international education	citizenship
table / environment	environment	logical thinking
pie chart / health & body	life	physical and mental wellness

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Article Type / Subject	Issue	Core Competency
timeline / famous or interesting people	international education	global understanding
glossary / psychology	life	physical and mental wellness
table of contents / inspiration for teens	career planning	logical thinking
index / plants	outdoor education	planning and execution
website search results / life	information	information and technology literacy



Article Type / Subject	Issue	Core Competency
passage / architecture	energy	innovation and adaptation
passage / arts & literature	multiculturalism	artistic appreciation
passage / psychology	life	physical and mental wellness
passage / plants	security	logical thinking
website / school life	morality	expression
instructions / life	reading literacy	problem solving
passage / inspiration for teens	morality	self-advancement
passage + bullet points / culture	multiculturalism	cultural understanding
Venn diagram / animals	life	logical thinking
recipe / food & drinks	reading literacy	planning and execution

01 See it, Reach it!



1 Do you have special goals you want to reach? Maybe you want to read a book a week. Maybe you want to be the top of your class or get on the school sports team. The thing is, reaching your goals can be hard. It is very easy to give up half way. One thing that can help is a vision board.

2 A vision board is a collection of pictures that reflect your goals. Seeing the pictures every day keeps you focused. Here is how to make a vision board in four easy steps.

⤴ reaching a goal

3 **1. Choose your goals**

Choose a few goals that are important to you. They can be small goals, like drinking more water. Or they can be bigger goals, like learning a new language. For bigger goals, it helps to break them down into steps.

4 **2. Find pictures**

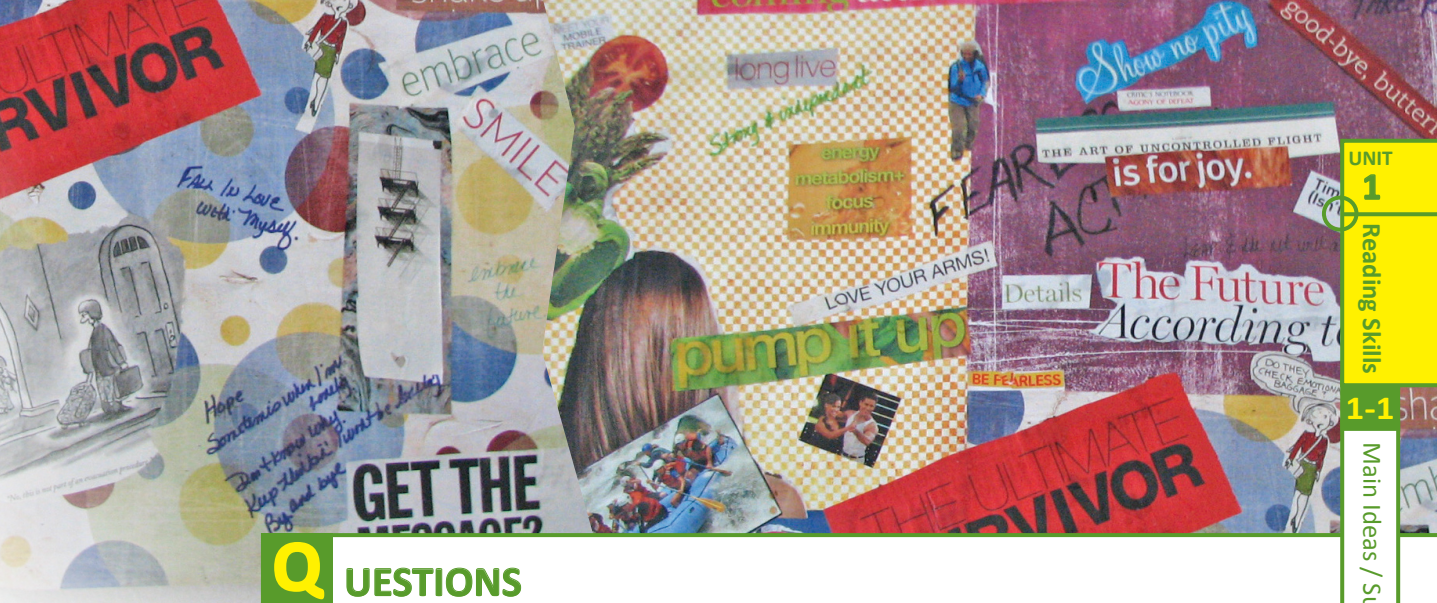
Look for pictures that reflect your goals. You can find these online and print them out. Or you can cut them out of old magazines and books.

5 **3. Design your board**

Stick your pictures to a board using tape or glue. You could also write some cheering words—like “Keep going!”—in the blank spaces.

6 **4. Use it!**

Put your board in a spot you look at every day, like your bedroom wall. Every morning, take a minute and focus on it. Think about your goals and what you are doing to reach them.



QUESTIONS

- Which of these does the writer think can be difficult?
 - Giving up on your goals.
 - Choosing your goals.
 - Finding pictures online.
 - Reaching your goals.
- What is the writer's main point in the article?
 - People can have long-term goals and short-term goals.
 - Making a vision board can help you reach your goals.
 - You should look at your vision board every day.
 - You can make a vision board in four easy steps.
- What is the main idea in step 1?
 - Drinking water is good for you, so you should do it more.
 - For your vision board, choose goals that are important to you.
 - Learning a new language takes lots of time and effort.
 - You can reach big goals by taking small steps.
- Which of these places is a good place to put your vision board?

(A)	(B)	(C)	(D)
			
- What does the writer suggest that you write in the blank spaces on your vision board?
 - Cheering words.
 - Your name and address.
 - Things that make you sad.
 - Your favorite foods.

02 Strawberry Snack Bars for Sale

MyTreat All Natural Snack Bars [Box]



Total reviews: 35

Total weight: 228 grams

Number of bars in each box: 12

Strawberry NT\$900

Banana NT\$900



Order before March 31 and get free shipping!

About This Item

- 1 MyTreat Snack Bars are healthy, delicious snack bars that you can enjoy for breakfast or for a snack during the day.
- 2 We use all natural ingredients in our snack bars. We like to keep things simple, too. Our bars are made of three things only: dried fruit, honey, and oats. We never add any unnatural flavors. We believe that the best flavor always comes from using high-quality, natural ingredients. And we are 100% sure you will agree!
- 3 We are also very careful about who we get our ingredients from. We only work with farmers who do not harm the environment. When you eat a MyTreat Snack Bar you can be sure that you are not supporting anyone who hurts our planet.
- 4 Our snack bars give you a big boost whenever you are feeling low on energy. And they are just the right size to carry around with you in your bag. If you ever feel tired, just pull one out and take a bite! You'll have all the energy you'll need to make it through the rest of the day!
- 5 Each box contains 12 snack bars. That works out at just NT\$75 for each bar! So what are you waiting for? Give MyTreat a try!



QUESTIONS

1. How much does each box of MyTreat Snack Bars weigh?
 - (A) Two hundred and eighteen grams.
 - (B) Two hundred and eight grams.
 - (C) Two hundred and eighty-two grams.
 - (D) Two hundred and twenty-eight grams.
2. Which of these is NOT in a MyTreat Snack Bar?
 - (A) Dried fruit. (B) Honey. (C) Oats. (D) Milk.
3. What do MyTreat Snack Bars say about the farmers they work with?
 - (A) They don't harm the environment.
 - (B) They don't sell low-quality food.
 - (C) They are from all over the world.
 - (D) They only grow a small amount of food.
4. What point is the writer trying to make in the fourth paragraph?
 - (A) MyTreat Snack Bars fit easily into your bag.
 - (B) MyTreat Snack Bars give the people who eat them lots of energy.
 - (C) MyTreat Snack Bars are a convenient way to give yourself energy.
 - (D) MyTreat Snack Bars are good for people who get tired at work.
5. Here is a review from someone who bought a box of MyTreat Snack Bars.

GaryG



I bought a box of these snack bars last week. I have to say, they taste great and I enjoyed eating them. You can tell that the strawberries they use are of very high quality. But I think each bar was too small. One just wasn't enough, and each time I was hungry I had to eat two or three. I hoped that the box would last around two weeks, but after less than a week it is already empty. My advice to MyTreat: please make bigger bars!

What is the writer's main point?

- (A) The writer bought a box of MyTreat Snack Bars last week.
- (B) The strawberries used in MyTreat Snack Bars are of high quality.
- (C) The snack bars are delicious but each one is too small.
- (D) The writer wanted the box of snack bars to last for around two weeks.