

# The Introduction of Training Book

## 訓練書特色說明

### 透過「斷句」掌握「即讀即解」的竅門

為了能更快、更正確地閱讀英文，就需要能夠掌握英文的句子結構。而要培養英文句子結構的敏銳度，最好的方法就是以各「意義單元組」來理解句子，也就是將英文句子的「意義單元組」（具一個完整意義的片語或詞組），用斷句（chunk）的方式分開，然後再來理解句子。只要能理解各個「意義單元組」，那麼再長的句子，都能被拆解與理解。

聽力也是一樣，要區分「意義單元組」，這樣能幫助很快聽懂英文。例如下面這個句子可以拆解成兩個部分：

I am angry at you.

I am angry / at you

我生氣          對你

我們會發現，這個句子由兩個「意義單元組」所組成。不管句子多長多複雜，都是由最簡單的基本句型（主詞+動詞）發展而成，然後再在這個主要句子上，依照需求，添加上許多片語，以表現各式各樣的句意。

在面對英文時，腦子裡能立刻自動快速分離基本句型和片語，就能迅速讀懂或聽懂英文。在讀誦英文時，從一個人的斷句，大致就能看出個人的英文能力。現在再來看稍微長一點的句子。經過斷句以後，整個句子變得更清楚易懂，閱讀理解就沒問題了：

Leonardo da Vinci painted / the most famous portrait / in the world: / the Mona Lisa.

里奧納多達文西畫了

最有名的肖像畫

全世界

（就是）蒙娜麗莎

## 一個句子有幾個斷句？

一個句子有幾個斷句？有幾個「意義單元組」？這是依句子的情況和個人的英語能力，而有不同的。一般來說，以下這些地方通常就是斷句的地方：

- ★ 在「主詞＋動詞」之後
- ★ 在 and、but、or 等連接詞之前
- ★ 在 that、who 等關係詞之前
- ★ 在副詞、不定詞 to 等的前後

另外，主詞很長時，時常為了要區分出主詞，在主詞後也會斷句。例如：

Your neighbors / are the people / who live near you.

你的鄰居            是人們            住在你附近

In our community, / people help each other / and care about one another.

在我們社區            人們互相幫助            並彼此關心

對初學者來說，一個句子裡可能會有很多斷句的斜線，而當閱讀能力越來越強之後，你需要斷句的地方就會越來越少，到後來甚至能一眼就看懂句子，不需要用斷句的方式來幫助理解。

本訓練書因為考慮到初學者，所以盡可能細分可斷句處，只要是能分為一個「意義單元組」的地方，訓練書上就標示出斷句。等你的英文實力逐漸提升，到了覺得斷句變成是一種累贅，能夠不用再做任何標記就能讀懂課文時，就是你的英文能力更進一階的時候了。透過斷句的練習，熟悉英語的排列順序和結構，你會驚訝地發現到，自己的閱讀能力突飛猛進！

# The Structure of Main Book

## 課本架構



### 11 National Parks



The United States has many national parks. These are protected areas. So people cannot develop or damage them. The first national park was Yellowstone National Park. It is an area with stunning scenery and many wild animals. The Grand Canyon is also a national park. It is one of the largest canyons in the world.



Every year, millions of people visit these parks. They tour the parks and go hiking. Some even camp in the parks. They learn about the land and how to preserve it, too.

**課文**  
藉由閱讀課文，培養掌握上下文的能力

#### Some National Parks in the U.S.



▲ Yellowstone National Park



▲ Grand Canyon National Park



▲ Yosemite National Park

#### 1 What is special about the Grand Canyon?

- a. Many wild animals live there.
- b. It was the first national park.
- c. It is a very large canyon.

#### 2 Answer the questions.

- a. What was the first national park? \_\_\_\_\_
- b. What is one of the world's largest canyons? \_\_\_\_\_
- c. What do people do at national parks? \_\_\_\_\_

**文意理解測驗**  
透過主旨 (main idea) 和細節 (details)，測驗是否讀懂課文內容

#### 3 Write the correct word and the meaning in Chinese.

canyon    damage    stunning    go hiking    preserve

- a. \_\_\_\_\_: a deep valley with steep rock sides and often a stream or river flowing through it
- b. \_\_\_\_\_: to go for long walks in the countryside
- c. \_\_\_\_\_: to save; to conserve

**字彙能力測驗**  
確認是否理解英文詞彙片語的真正意義

# The Structure of Training Book

## 訓練書架構

01

### Good Neighbors 好鄰居

Your neighbors / are the people / who live near you. In our **community**, / people help **each other** / and **care about one another**. If you want / to have a good neighbor, / you **have to** / be a good neighbor / first. There are / many ways / to do this.



First, / you can be nice / to your neighbors. Always **greet** them / and say, "Hello." **Get to know** them. **Become friends** / with them. Also, don't be noisy / at your home. And **respect** / your neighbors' **privacy**. If they have / any **problems**, / **help** them out. They will help you / too / **in the future**. If you do / all of these things, / you can be / a good neighbor.

#### 單字提示

- 藉由文中重點單字畫記，理解字彙如何運用

#### 課文斷句

- 透過分離基本句型，迅速讀懂英文
- 反覆聽音檔，練習把課文大聲唸出來

你的鄰居 **neighbor** 就是住在你家附近的人。在我們的社區 **community** 裡，人們會互相幫忙 **help each other**、彼此關心 **care about one another**。若是想要有個好鄰居，你必須先成為一個好鄰居 **be a good neighbor**。要做到這點有很多方法 **many ways**。

首先 **first**，你可以對鄰居表示友好 **be nice**。要經常和他們打招呼 **greet**，並且說「你好」。去認識他們 **get to know them**，和他們成為朋友 **become friends**。還有，不要在家裡製造噪音 **don't be noisy**，並且要尊重鄰居的隱私 **respect privacy**。他們若是遇到問題 **problems**，你可以幫助他們 **help them out**，將來 **in the future** 他們也會幫助你的。如果這些你都做到了，你就是個好鄰居 **good neighbor**。

#### 中文翻譯與重要字彙片語中英對照

#### Words to Know

- community** 社區
- each other** 互相（兩者之間）
- care about** 關懷
- one another** 互相（三者以上）
- have to** 必須
- greet** 打招呼
- get to know** 認識
- become friends with sb.** 與某人做朋友
- respect** 尊重
- privacy** 隱私
- problem** 問題
- help out** 幫助擺脫困難
- in the future** 日後；未來

#### 單字學習

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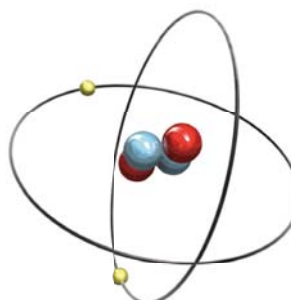
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Chapter  
**4**

# Language • Visual Arts • Music

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# Social Studies



Culture

Geography

History

**Y**our neighbors are the people who live near you. In our community, people help each other and care about one another. If you want to have a good neighbor, you have to be a good neighbor first. There are many ways to do this.

First, you can be nice to your neighbors. Always greet them and say, "Hello." Get to know them. Become friends with them. Also, don't be noisy at your home. And respect your neighbors' privacy. If they have any problems, help them out. They will help you too in the future. If you do all of these things, you can be a good neighbor.



### Places Around Your Neighborhood



▲ city hall



▲ post office



▲ fire station

### 1 What is the passage mainly about?

- Why we need neighbors.
- How we should treat our neighbors.
- Where your neighbors live.

### 2 Fill in the blanks.

- \_\_\_\_\_ are people who live near you.
- Try to respect your neighbors' \_\_\_\_\_.
- Good neighbors often \_\_\_\_\_ their neighbors \_\_\_\_\_.



▲ subway

### 3 Write the correct word and the meaning in Chinese.

neighbor    help out    get to know    greet    community

- \_\_\_\_\_ : to do a part of someone's work
- \_\_\_\_\_ : a place where people live together
- \_\_\_\_\_ : to meet someone with friendly words and actions

John and Sally go to elementary school. Their first class starts at 8 a.m. They go to their homeroom. They stand up, face the flag, and say the Pledge of Allegiance before their class begins. Then their teacher, Mrs. Smith, starts their lessons. They study math, social studies, English, and art, and then they go to the cafeteria for lunch. After lunch, they have recess, so all the students go outside and play for a while. Then they learn science, history, and music. Finally, it's 3 o'clock. It's time for them to go home!



▲ the Pledge of Allegiance

### Good Behavior at School



▲ Raise your hand to talk.



▲ Do not run in the hallways.



▲ Do not yell and scream.

### 1 When do John and Sally have recess?

- a. Before social studies.
- b. After lunch.
- c. At three o'clock.

### 2 What is true? Write T (true) or F (false).

- a. John and Sally's homeroom teacher is Mrs. Smith. \_\_\_\_\_
- b. John and Sally study math and art before lunch. \_\_\_\_\_
- c. John and Sally study science and social studies after lunch. \_\_\_\_\_

### 3 Write the correct word and the meaning in Chinese.

recess    cafeteria    face    allegiance    homeroom

- a. \_\_\_\_\_ : a classroom where students go at the beginning of each school day
- b. \_\_\_\_\_ : a place where people get food at a counter and carry it to a table for eating
- c. \_\_\_\_\_ : a time of rest

Christians are people who believe in Christianity. They believe that Jesus Christ is the Son of God. In Christianity, there are two very important holidays. They are Christmas and Easter.

Christmas is on December 25. Christians celebrate the birth of Jesus on this day. Christmas is a time of happiness and celebration.



▲ the birth of Jesus

Easter is in late March or early April every year. It is the most important Christian holiday. It is the day when Jesus Christ came back from the dead. Most Christians go to church on this day.



◀ the coming back to life of Jesus

## American Holidays



▲ Christmas



▲ Thanksgiving Day



▲ Independence Day

**1 What is the passage mainly about?**

- a. The dates of Christmas and Easter.
- b. The reason that people celebrate Easter.
- c. Two important Christian holidays.

**2 What is NOT true?**

- a. Christians believe that Jesus Christ is the Son of God.
- b. Easter is on December 25.
- c. Jesus was born on Christmas Day.

**3 Write the correct word and the meaning in Chinese.**

dead	Christianity	believe in	Easter	celebrate
------	--------------	------------	--------	-----------

- a. \_\_\_\_\_: to be certain that something exists
- b. \_\_\_\_\_: to rejoice; to observe with ceremonies
- c. \_\_\_\_\_: no longer living



After people finish school, they often look for jobs. There are many kinds of jobs people do. But there are three main categories of jobs. They are service jobs, manufacturing jobs, and professional jobs.

People with service jobs provide services for others. They might deliver the mail or food. They often work in restaurants. And they work in stores as salespeople and cashiers.

People with manufacturing jobs make things. They make TVs, computers, cars, and other objects.

People with professional jobs often have special training. They are doctors and engineers. They are lawyers and teachers. They might need to attend school to learn their skills.

**Different Kinds of Jobs**

Service Jobs			Professional Jobs			
						
▲ cook	▲ salesperson	▲ deliveryman	▲ doctor	▲ lawyer	▲ engineer	

**1 Where might a person with a service job work?**

- a. At a factory.
- b. In a school.
- c. At a restaurant.

**2 Answer the questions.**

- a. When do people often look for jobs? \_\_\_\_\_
- b. What are the three main categories of jobs? \_\_\_\_\_
- c. What are some professional jobs? \_\_\_\_\_

**3 Write the correct word and the meaning in Chinese.**

look for    training    manufacturing    service job    deliver

- a. \_\_\_\_\_ : the process of making something
- b. \_\_\_\_\_ : the process of learning the skills you need to do a particular job
- c. \_\_\_\_\_ : a job people do to provide service to others